

As you can see, we launched the newsletter again!

At the same time, we launched our new website. Please take a look at www.timeperspectives.net.

In our newsletter, we aim to inform you about matters that are of interest to the network, be it academic, practical, newsworthy, or artistic. We encourage you to contribute to our newsletter, and in turn we hope that the network will be a vibrant and inspiring community to exchange ideas, and to form connections and friendships.

Our media team:

Wendelien van Eerde: W.vanEerde@uva.nl (Newsletter Coordinator)

As I have taken on the role as editor of the newsletter, let me introduce myself: ever since I did my PhD in Organizational Psychology, I have been interested in time-related matters with regard to work motivation, resulting in my publications on procrastination and planning. I teach both part- and full-time students in the Master of Business Administration. I have a broad interest in traveling, languages, and cross-cultural issues, and also in something completely different: gardens and plants. I am looking forward to hearing about the interests and stories in this network.

Alarith Uhde: alarith.uhde@uni-siegen.de (website administration)

Hi, I'm Alarith and I'm taking care of our website as well as some other technical topics. Living in Cologne, I'm also somewhat involved in the conference planning team for 2020. I studied a mix of Psychology, Educational Technology, and Computer Science at Saarland University (Germany), and I am now researching time in the context of human-computer interaction. On the one hand, I'm interested in using interactive things to adapt a more positive time perspective profile, which then hopefully results in increased subjective well-being. On the other hand, I'm involved in [a very cool project about shift planning](#) for nurses, where we try to increase well-being and fairness through collaborative decision making. Let me know if you are doing anything time-and-computer-related, as this doesn't seem to be a central topic here yet.

Svetlana Klimanova

Hi, I am Svetlana and I am contributing to the content on the upcoming events related to studying of time as well as publications on the topic. I am from St. Petersburg and work as a researcher at V.M. Bekhterev National Research Medical Center for Psychiatry and Neurology. Our team explores the role of Time Perspective on mental health difficulties and addictions.

Jayne Hamilton

Hi, I'm Jayne and I'm researching time perspectives and time management from a developmental perspective, looking at participants from early adolescence through to adulthood, as well as those with and without a diagnosis of autism. Alongside this, I run a social enterprise providing educational support

for young people in Northern Ireland, especially those in our community who are most in need and would not be able to otherwise afford to avail of these services. Whilst teaching the compulsory curriculums, we also focus on running workshops on time management, stress and well-being etc.

Beáta Holá

Past - It all started with repeated requests for a functioning time management training for managers in 2013. That was when I discovered the time perspective theory. I designed a pilot workshop built around the Time Perspective and to my surprise it had a powerful impact on the participants, way beyond their time organization. It affected the stress attitudes and significantly increased the quality of life of people regardless of their age or country of origin. And that is when my passion for the application of the time perspective was born. In the past five years, I ran dozens of workshops for over a thousand participants. That experience transformed into a coaching case and toolkit called Perspectacular that should help other coaches and trainers to use the time perspective in counselling, training and education. Since 2017, together with a Czech therapist Ondřej Ženka, we have been running self-developmental groups opened to the broad public dedicated to balancing their time perspective.

Present - I am a psychologist and a systemic coach dedicated to talent management. I help companies across Europe design talent strategies to hire, enhance and retain their best employees. I embed the time perspective training in all talent management programs and leadership academies. My other areas of professional interest include modern rituals, occupational testing and mentoring.

Future - In the spring 2019, the third Czech group of people will enroll in our self-development group dedicated to the balancing of the time perspective. If the investment negotiations get completed successfully, the first round of international training in Perspectacular should kick off.

Elisabeth Schilling, in particular, will keep you updated on the next conference.

Contribute to ITPN

ITPN aims to host an informative website. As such, we would like to request the members to inform us of their:

- Publications (link)
- Calls for papers
- Calls for conferences or meetings
- Calls for collaboration
- Calls for jobs, prizes, and awards

Please email us your suggestions and news. We would love to hear from you. Your feedback will help us to improve the website for the community.

Follow us on:

Twitter @TP_int

Facebook <https://www.facebook.com/InternationalTP/>

Our next conference:

The 5th International Conference on Time Perspectives

Cologne, Germany, July 13-17, 2020

The conference will take a two-step process, in which stream proposals for symposia are submitted first, and conveners of the symposium recruit their presenters.

March 1, 2019 is the early deadline for the submission of stream proposals. The submission (< 1.000 words) should include title, a summary of the overall theme, the proposed call for papers, names and affiliation of the conveners, and proposed chairs of the sessions.

There will also be an opportunity to submit individual papers and posters (deadline May 1, 2020)

Time practitioners wanted!

In the Time Perspective Network, we would like to have a better overview of people who practically apply not only the time perspective theory but any other time related concepts and methodologies in various areas of work such as therapy, coaching, counselling, management, organizational development or education. We would like to form a network of time practitioners who could use it to exchange experience and good practice, enhance international and cross-section cooperation and bridge the world of research and application. The TPN aims to be a platform where the researchers and practitioners seek mutual understanding, where they can form co-operation teams and explore their areas of interest together resulting in a better and evidence based practice and a practically relevant research.

If you happen to be such a practitioner, or you know someone active in the application of time beyond research and academics, please let us know or get in touch with Beata (hola.beata@gmail.com) who is in charge of the practitioner's group. There are no duties related to being involved a part of this group, you will simply receive information on networking and co-operation possibilities and related involvement in time related events.

Two researchers would like to collaborate

Joanna Michalak, PhD, Assistant Professor in Faculty of Management, University of Lodz, Poland.

My current research focuses on two areas: 1) time perspective at the individual and group levels in organizations (Organizational Time Perspective) and 2) person - organization (PO) fit in time perspective

context. I investigate how individual time perspective of managers / organizational leaders shapes organizational culture and how it is manifested in outcomes, especially in decision making and motivation.

If you do the research in the areas above listed, please contact me on my e-mail address:
drjoannamichalak@interia.pl

Lukasz Kowalik, PhD, Assistant Professor in the Department of Management at Kozminski University in Warsaw, Poland.

I am working on two projects related to Time Perspective in organisations. My two main research interests are:

- time perspective of employees and their reaction to organisational changes in the company to better understand their need to drive improvement and innovation in the organisation.
- the theory of consumer choice, and the influence of marketing communication addressing the specific time perspectives of customers on their buying behaviour.

If you do the research or are interested in any of the areas listed above feel free to contact me at:
lpkowalik@gmail.com

Publications

Annemijn Loermans, who presented her research at the 2nd Time Perspective conference in Warsaw in 2014, defended her PhD thesis this December 19, 2018. Her thesis is entitled "Time Travels: The Spatial Representation of Time across Cultures and Languages." Her research focused on the cognitive representation of time as spatial, for example, the past can be perceived as behind us, but some cultures perceive it as in front of us. In particular, she looked at whether time is moving towards us (time-moving representation), or whether we move towards time (ego-moving representation), and whether previously reported relations between time representations and psychological variables, such as future orientation, self-concept, and agency, generalized across different cultures and linguistic groups. Her studies included participants from New Zealand, The Netherlands, the UK, and the USA.

Her thesis shows, among others, that many of the previously found relations between time moving and ego moving representations and other variables, such as self-concept and agency cannot be replicated. One of the studies has been published: Loermans, A. C., & Milfont, T. L. (2018). Time after time: A short-term longitudinal examination of the ego-and time-moving representations. Journal of Research in Personality, 74, 1-5. More publications are underway and will appear soon.

Theory of TP

- Stolarski, M., Fieulaine, N., & Zimbardo, P. G. (2018). Putting time in a wider perspective: The past, the present, and the future of time perspective theory. *The SAGE Handbook of Personality and Individual Differences*, 592-628.

Balanced TP

- Akirmak, U., Tuncer, N., Akdogan, M., & Erkat, O. B. (2019). The associations of basic psychological needs and autonomous-related self with time perspective: The cultural and familial antecedents of balanced time perspective. *Personality and Individual Differences*, 139, 90-95.
- McKay, M. T., Worrell, F. C., Zivkovic, U., Temple, E., Mello, Z. R., Musil, B., ... & Perry, J. L. (2018). A balanced time perspective: Is it an exercise in empiricism, and does it relate meaningfully to health and well-being outcomes?. *International Journal of Psychology*.
- Phillips, W. J. (2018). Past to Future: Self-Compassion Can Change our Vision. *Journal of Positive Psychology and Wellbeing*, 1-23.
- Rönnlund, M., & Carelli, M. G. (2018). Deviations from a balanced time perspective in late adulthood: Associations with current g and g in youth. *Intelligence*, 71, 8-16.
- Szczesniak, M., & Timoszyk-Tomczak, C. (2018). A Time for Being Thankful: Balanced Time Perspective and Gratitude. *Studia Psychologica*, 60(3), 150-166.

Cross-cultural

- Jonason, P. K., Sitnikova, M., & Oshio, A. (2018). The Dark Triad traits and views of time in three countries. *Personality and Individual Differences*, 120, 107-111.
- Sobol-Kwapińska, M., Jankowski, T., Przepiorka, A., Oinyshi, I., Sorokowski, P., & Zimbardo, P. (2018). What Is the Structure of Time? A Study on Time Perspective in the United States, Poland, and Nigeria. *Frontiers in Ppsychology*, 9.
- Unger, A., Lyu, H., & Zimbardo, P. G. (2018). How Compulsive Buying Is Influenced by Time Perspective—Cross-Cultural Evidence from Germany, Ukraine, and China. *International Journal of Mental Health and Addiction*, 1-20.

Cognitive processes and TP

- Jokic, T., Zakay, D., & Wittmann, M. (2018). Individual Differences in Self-Rated Impulsivity Modulate the Estimation of Time in a Real Waiting Situation, *Timing & Time Perception*, 6(1), 71-89. doi: <https://doi.org/10.1163/22134468-00002101>.
- Witowska, J., & Zajenkowski, M. (2018). How is perception of time associated with cognitive functioning? The relationship between time perspective and executive control. *Time & Society*, 0961463X18763693.

Well-being, Mental Health, Addiction

- Åström, E., Rönnlund, M., Adolfsson, R., & Grazia Carelli, M. (2018). Depressive symptoms and time perspective in older adults: associations beyond personality and negative life events. *Aging & Mmental Hhealth*, 1-10.
- Donati, M. A., Sottili, E., Morsanyi, K., & Primi, C. (2018). Time Perspectives and Gambling in Adolescent Boys: Differential Effects of Present-and Future-Orientation. *Journal of gambling studies*, 1-18.
- Konowalczyk, S., McKay, M. T., Wells, K. E., & Cole, J. C. (2018). The influence of time attitudes profile membership on mental well-being and psychosomatic symptomatology: A United Kingdom-based prospective study. *Psychiatry research*, 261, 375-382.
- Loose, T. T., Acier, D., Andretta, J. R., Cole, J. C., McKay, M. T., Wagner, V., & Worrell, F. C. (2018). Time perspective and alcohol-use indicators in France and the United Kingdom: results across adolescents, university students, and treatment outpatients. *Addiction Research & Theory*, 26(2), 143-150.

- Loose, T., Robiou Du Pont, L., Acier, D., & El-Baalbaki, G. (2018). Time perspectives mediate the relationship between personality traits and alcohol consumption. *Time & Society*, 0961463X18758515.
- Lukavská, K. (2018). The immediate and long-term effects of time perspective on Internet gaming disorder. *Journal of behavioral addictions*, 7(1), 44-51.
- Măirean, C., & Diaconu-Gherasim, L. R. (2018). Adolescents' subjective well-being: The role of adolescents' and mothers' time perspectiveness. *Time & Society*, 0961463X17752282.
- McKay, M. T., Andretta, J. R., Cole, J. C., & Worrell, F. C. (2018). Using Temporal Profiles and a Deviation from Balanced Approach to Understand Alcohol and Mental Health Problems. *The Journal of psychology*, 152(7), 456-473.
- McKay, M. T., Morgan, G. B., Wells, K. E., Worrell, F. C., Cole, J. C., & Andretta, J. R. (2018). The influence of time attitudes on adolescent alcohol use behaviours: a 33-month prospective study in the United Kingdom. *Addiction Research & Theory*, 1-9.
- Mello, Z. R., Oladipo, S. E., Paoloni, V. C., & Worrell, F. C. (2018). Time Perspective and Risky Behaviors Among Nigerian Young Adults. *Journal of Adult Development*, 1-11.
- Orkibi, H., & Ronen, T. (2018). A Dual-Pathway Model Linking Self-Control Skills to Aggression in Adolescents: Happiness and Time Perspective as Mediators. *Journal of Happiness Studies*, 1-14.
- Paasche, C., Weibel, S., Wittmann, M., & Lalanne, L. (2018). Time perception and impulsivity: A proposed relationship in addictive disorders. *Neuroscience & Biobehavioral Reviews*.
- Patock-Peckham, J. A., Walters, K. J., Mehok, L. E., Leeman, R. F., Ruof, A. K., & Filson Moses, J. (2018). The direct and indirect influences of parenting: the facets of time-perspective and impaired control along the alcohol-related problems pathway. *Substance Use & Misuse*, 1-11.
- Pozolotina, T., & Olsen, S. O. (2018). Individual differences in time perspective, age, and smoking behavior: A test of two present versus future conceptualizations. *Journal of Substance Use*, 23(2), 187-192.
- Rönnlund, M., & Carelli, M. G. (2018). Time perspective biases are associated with poor sleep quality, daytime sleepiness, and lower levels of subjective well-being among older adults. *Frontiers in Psychology*, 9.
- Wagner, V., Acier, D., & Dietlin, J. E. (2018). Mediation of time perspectives on inclinations to use alcohol and motivation to change relationship. *Journal of clinical psychology*.
- Wagner, V., Acier, D., & Dietlin, J. E. (2018). Outpatient Addiction Treatment for Problematic Alcohol Use: What Makes Patients Who Dropped Out Different from Those Who Did Not?. *Substance use & misuse*, 1-14.

Health

- Hamidou, Z., Auquier, P., Leroy, T., Barlesi, F., Salas, S., Chinot, O., & Baumstarck, K. (2018). Dyadic effects of coping strategies, time perspectives, and personality on the quality of life of cancer patients and their caregivers. *Psycho-Oncology*, 27(2), 590-599.
- McKay, M. T., Andretta, J. R., Cole, J. C., Konowalczyk, S., Wells, K. E., & Worrell, F. C. (2018). Time attitudes profile stability and transitions: An exploratory study on adolescent health behaviours among high school students. *Journal of adolescence*, 69, 44-51.
- Pozolotina, T., & Olsen, S. O. (2018). Present and future temporal profiles and their relationship to health intentions and behaviors: A test on a Norwegian general population sample. *Scandinavian Journal of Psychology*.
- Sosa-Rubí, S. G., Salinas-Rodríguez, A., Montoya-Rodríguez, A. A., & Galárraga, O. (2018). The Relationship Between Psychological Temporal Perspective and HIV/STI Risk Behaviors Among Male Sex Workers in Mexico City. *Archives of Sexual Behavior*, 47(5), 1551-1563.

Age and TP

- Pallini, S., Milioni, M., Laghi, F., & Vecchio, G. M. (2018). The Ant and the Grasshopper: Adolescents' Time Perspective, Satisfaction with Life and the Mediating Role of Hope. *Journal of Happiness Studies*, 19(2), 351-364.
- Pallini, S., Milioni, M., Laghi, F., & Vecchio, G. M. (2018). The Ant and the Grasshopper: Adolescents' Time Perspective, Satisfaction with Life and the Mediating Role of Hope. *Journal of Happiness Studies*, 19(2), 351-364.
- Simons, M., Peeters, S., Janssens, M., Lataster, J., & Jacobs, N. (2018). Does age make a difference? Age as moderator in the association between Time perspective and happiness. *Journal of Happiness Studies*, 19(1), 57-67.
- Wells, Kevin E., Michael T. McKay, Grant B. Morgan, and Frank C. Worrell. "Time attitudes predict changes in adolescent self-efficacy: A 24-month latent transition mover-stayer analysis." *Journal of adolescence* 62 (2018): 27-37.

Neuroscience

- Liu, P., & Feng, T. (2018). The effect of future time perspective on procrastination: the role of parahippocampal gyrus and ventromedial prefrontal cortex. *Brain imaging and behavior*, 1-8.
- McAllister, S. K., & Nichols, D. F. (2018). Monoamine Oxidase in the Regulation of Biopsychological Factors: A Literature Review of the Correlates of Time Perspective, Sensation-Seeking, Boredom Proneness, and Affect. *Modern Psychological Studies*, 23(2), 8.
- Rönnlund, M., Åström, E., Adolfsson, R., & Carelli, M. G. (2018). Perceived Stress in Adults Aged 65 to 90: Relations to Facets of Time Perspective and COMT Val158Met Polymorphism. *Frontiers in Psychology*, 9, 378.
- Wu, H., Zhou, R., Zhao, L., Qiu, J., & Guo, C. (2019). Neural bases underlying the association between balanced time perspective and trait anxiety. *Behavioural Brain Research*, 359, 206-214.

Time perspective therapy

- Bowles, T. V. (2018). Motivation to the Past, Present, and Future: Time Orientation and Disorientation before Therapy. *Australian Psychologist*, 53(3), 223-235.
- Emsaki, G., Karimian, N., & Nouri, A. (2018). The Effectiveness of Time Perspective Therapy on Reducing Depressive Symptoms. *International Journal of Psychology*, 12(1).

Other

- Gaddy, J. W., Gonzalez, S. P., Mirabella, J., & Lathan, C. A. (2018). The Influence of Time Perspective on Retention in United States Army Personnel. *JIS*, 2(2).
- Gore, J. S. (2018). Standing on shaky ground and living in the now: How resource amount and stability influence time perspectives. *Journal of Applied Social Psychology*, 48(7), 398-408.
- Łowicki, P., Witowska, J., Zajenkowski, M., & Stolarski, M. (2018). Time to believe: Disentangling the complex associations between time perspective and religiosity. *Personality and Individual Differences*, 134, 97-106.
- Sekścińska, K., Rudzinska-Wojciechowska, J., & Maison, D. (2018). Risky financial choices in a gain and loss decision frame—the role of chronic and situationally induced time perspectives. *Current Psychology*, 1-11.
- Unger, A., & Papastamatelou, J. (2018). Differences in Burnout Proneness depend on Time Perspective—Evidence from an Occupational Sample of Industrial Employees and MBA-Students. *Dialogues in Clinical Neuroscience & Mental Health*, 1(1).
- Wittmann, M., & Sircova, A. (2018). Dispositional orientation to the present and future and its role in pro-environmental behavior and sustainability. *Heliyon*, 4(10), e00882.

Extended call for papers

Special Issue of KronoScope: Time in the Arts. Papers can be submitted online until 1 March 2019

<http://www.studyoftime.org/News.aspx?ID=7>

Conferences

The 3rd Peaceful Coexistence Colloquium, 13-14 June 2019, University of Helsinki

After The Anthropocene: Time And Mobility

Deadline for submission 30 January 2019.

<https://www.helsinki.fi/en/conferences/the-3rd-peaceful-coexistence-colloquium/call-for-papers>

13th International Conference on Daoist Studies, Loyola Marymount University, Los Angeles, 20-23 June, 2019

<http://daoistconference.info/upcoming>

The 17th Triennial Conference of the International Society for the Study of Time, 23- 29 June 2019, Los Angeles, California, USA

<http://www.studyoftime.org/ContentPage.aspx?ID=1043>

11th Biennial Procrastination Research Conference, 25-26 July 2019, Sheffield , UK

Please contact f.sirois@sheffield.ac.uk for more information

Annual Meeting of the Society for Social Studies of Science

4-7 September 2019, New Orleans

Innovations, Interruptions, Regenerations

<http://www.4sonline.org/meeting>

Please note: A call for individual papers, closed panels, posters and Making and Doing presentations will open 15 December and close 1 February.

2nd Annual Conference of the Timing Research Forum: 15-17 October 2019, in Mexico.

<http://timingforum.org/trf-2/>

The 32nd International Congress of Psychology –19-24 July 2020, Prague (Czech Republic). 1 December 2019 - Deadline for all abstract submissions. Abstract Submission for Early Review has already opened.

<http://www.icp2020.com/>

XVI European Congress of Psychology 2019 –2-5 July, 2019, Moscow (Russia). Deadlines for submission of abstracts have passed, but many researchers from the Time Perspective Network will be participating in the Congress. Information about the Congress can be found here <https://ecp2019.ru/>

Grants, prizes, scholarships

Dan David Prize: <https://www.dandavidprize.org/about/about-the-prize>. The Dan David Prize covers three time dimensions - Past, Present, and Future - that represent realms of human achievement. Each year the international board chooses one field within each time dimension. Following a review process of individuals nominated for the prize, by the independent review committees comprised of renowned scholars and professionals, the International board then chooses the laureates for each field.

- The **Past** refers to fields that expand knowledge of former times.
- The **Present** recognizes achievements that shape and enrich society today.
- The **Future** focuses on breakthroughs that hold great promise for improvement of our world.

The Dan David Prize recognizes and encourages innovative and interdisciplinary research that cuts across traditional boundaries and paradigms. It aims to foster universal values of excellence, creativity, justice, democracy, and progress and to promote the scientific, technological and humanistic achievements that advance and improve our world.

The Dan David Prize also awards scholarships to doctoral and post-doctoral researchers, carrying out research in one of the selected fields for the current year. In 2019, these are: Past - Macro History, Present - Defending Democracy, And Future - Combating Climate Change.

Scholarship applications may be submitted before 10 March, 2019.

<https://www.dandavidprize.org/scholars/scholarships/scholarship-applications>